



Just In Joy Travel

International Travel Checklist

From passports to power adapters—simple, step■by■step prep.

90–60 days

- bullet Passport validity: 6 months beyond return; renew if needed.
- bullet Visas/eTA/ESTA: check entry rules and processing time; confirm onward ticket requirements.
- bullet Travel clinic: vaccines/meds per destination; get written prescriptions with generic names.
- bullet Medication rules: verify import quantities and documentation for controlled meds.
- bullet Driving abroad: consider an International Driving Permit (IDP) + local road rules.
- bullet Insurance: ensure your plan covers international medical care and evacuation.

30–14 days

- bullet Money plan: no■fee ATM card and chip■and■PIN credit card; set travel notices.
- bullet Connectivity: buy an eSIM/roaming plan; download language and transit apps.
- bullet Itinerary & contacts: save lodging addresses in local language; note embassy/consulate info.
- bullet Cultural norms & safety: review tipping, greetings, dress codes, and emergency numbers.

7–3 days

- bullet Document copies: digital & printed copies of passport, visas, insurance.
- bullet Offline maps & key phrases downloaded; arrange airport■to■hotel transport.
- bullet Power: pack plug adapters and, if required, a voltage converter for 220–240V regions.

48–24 hours

- bullet Reconfirm flights, seats, meal preferences; check baggage allowances for regional carriers.
- bullet Keep arrival cash (small denominations) for taxis/tips; know reliable ATM locations.

Arrival day

- bullet Use official taxis/ride apps; keep hotel address printed; respect local customs.
- bullet Secure valuables; enable device tracking; store passport in hotel safe.

International packing

- Adapters, compact umbrella/rain jacket, scarf for modest sites.
- Copies of prescriptions; small pharmacy kit; reusable shopping bag (for markets).
- RFID sleeve/wallet; TSA-accepted locks; lightweight daypack.